

"Achievement"

# 2010 - 2011 Annual Report

Celebrating a successful year of providing quality services and advocacy for individuals with intellectual and developmental disabilities and their families.

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### Message from the Executive Director

June 27, 2011

Dear Friends,



This year at The Arc of Somerset County has been both rewarding and incredibly fast-paced as we continue to provide a diverse range of

services and supports to individuals with intellectual and developmental disabilities. Everything that we have accomplished has been guided by our mission, vision and value statements regarding those we serve.

We have achieved many milestones in fiscal year 2010-2011, all of which resulted in an enhanced quality of life for individuals with a disability and their families.

- In March, The Arc of Somerset County, along with The Arc of NJ and The Arc of the US embarked on a agency-wide rebranding effort. While our mission and programs will remain the same, the new brand will provides The Arc with a new, modern, and standardized "look" for greater recognition on a local, state and national level. With our new logo and tagline, The Arc has a renewed sense of energy and excitement that will carry us into the next decade.
- With our 2010 2015 Strategic Plan in hand, agency and program leadership set off on a course that will put The Arc of Somerset County on a path to expanded programs and services, broadened networks of resources and full inclusion for those with a disability. At the end of our first year, I am happy to report that we have made extraordinary progress in all six strategic priority areas. Most notably, we have established cooperative and collaborative partnerships with several outstanding organizations that will play a pivotal role in our continued success in the community.
- The economy continues to be a concern for all nonprofits and collectively we have had to use our creative energy to continue to "do more with less". We have been fortunate to have a large volunteer base that has given their time and talents towards our mission. In fact, it was volunteers that initiated the first programs at The Arc of Somerset County, and they remain a cornerstone of our organization's foundation. From companionship visitors to envelope stuffers, board members to corporate painting groups, and college students to retired professionals, The Arc has had the pleasure of working with every type of volunteer imaginable. And it is safe to say that we would not be where we are today as an organization if it weren't for those volunteers.

As we enter into our 40th anniversary of service to the disability community, I look forward to continued success and achievement with those we serve.

With warm regards,

Lauren Panarella

## **Mission:**



The Arc of Somerset County provides quality services and advocacy for individuals with intellectual and developmental disabilities and their families to support development and achievement at every stage of life.

## Vision:

We will provide the leadership to create an inclusive community of caring so outstanding its echo will reverberate throughout human services of all kinds for years to come.

Participants in our community include individuals with a disability, their families, staff, volunteers, and all of our friends and supporters in the large community of Somerset County.

The guiding principles of our vision will be:

Education - lifelong learning for all participants Caring - respect and compassion among all of us: always leading from the heart Hope - advocacy and encouragement Opportunity - transcending disability by recognizing and developing the capabilities of each and every participant



For people with intellectual and developmental disabilities

## Value Statement:

The Arc of Somerset County believes that every individual should have the opportunity to live and participate in the community regardless of the level of their abilities. We further believe that:

- \* Every individual is inherently valuable
- Every individual can dream, grow, and learn
- Every individual deserves the right to make meaningful choices about how and where they live, work, and play
- A dedicated, highly qualified staff is essential to The Arc's ability to best support people with developmental disabilities
- Every individual deserves the opportunity for meaningful family relationships
- Family involvement, at all levels, is essential to our mission

### **Early Intervention**

The Early Intervention Program (EIP) is a system of supports and services provided to children birth to three years of age who have developmental delays and/or some specific medically diagnosed physical or mental condition that has a high probability of resulting in a developmental delay. The goal of Early Intervention is to help a family meet the developmental and health-related needs of their child. A child's Early Intervention services are based on the individual needs of the child, the primary concerns expressed by the family, and the family's resources.







#### A network of support

Bobby was referred to the Early Intervention system at the age of 15 months and was eventually diagnosed with autism. To meet his varied needs, a team of specialists was assembled including a special education teacher, speech and occupational therapists, and a board-certified behavior analyst. The team worked beautifully together to develop and implement a communication plan to assist Bobby with expressing his wants and needs. Now he is able to use augmentative communication to make choices with his drinks, snacks, and even television shows in the evenings. The services took place at his home, the homes of his grandparents and at the Jerry Davis Daycare. During Bobby's last 6 months in EI, both he and his family not only received continued education and training, but also a tremendous amount of much-needed emotional support.







Who we Serve: Children with intellectual & developmental disabilities How Many Served: 354 Ages: Birth through 3 years

### Services Provided: Developmental Intervention Speech / Occupational / Physical Therapy Social Work

## **Family Support**

The Family Support Program assists individuals with intellectual and developmental disabilities and their families in their efforts to remain together in their homes and communities. The home is typically the best environment for the individual so Family Support is often defined as "whatever it takes" to help an individual stay in his/her natural home. Family involvement and empowerment are crucial in determining the needs of the individual or family. Raising a child with an intellectual or developmental disability can challenge a family's ability to cope. Parents, siblings, caregivers and friends often feel overwhelmed. The Family Support staff works with the family to determine needs and assist with obtaining quality supports necessary to enhance the quality of life for the families and the individual with a disability.



#### **Expanding** services

This year, The Arc celebrated the one year anniversary of its Family Support Center in Manville, a facility designed to be a one-stop center for individuals seeking additional supports for their family member with a disability. In an effort to meet the unique and changing challenges faced by parents of a child with disabilities, the Family Support Program began hosting a monthly Spanish-speaking support group in January 2011.







Who we Serve: Children and Adults with intellectual & developmental disabilities and their families with & without disabilities How Many Served:

In-Home Respite Voucher Program - 48 Information & Referral - 242 Challenge Grant - 1 After School Program - 6 Saturday Respite Program - 6 Ages: Pediatric to geriatric Overall Satisfaction Results: 94% of families were satisfied with services Family Support Budget:

In-Home Respite: \$141,000 After School Respite Program: \$80,200 Saturday Respite Program: \$10,300

#### **Budget Sources:**

Division of Developmental Disabilities Arc fundraising events

### **Camp Jotoni**

Camp Jotoni provides summer recreational services for children, adolescents, and adults with developmental disabilities. Our programs consist of a seven-week day camp, a residential program, and three weeks of extended summer day camp for Somerset and Union counties. Campers are ages five to adult. Camp Jotoni is set on 15 acres in Warren, New Jersey, and the camp features a junior Olympic size pool, cabins, dining hall, playgrounds, open air pavilions, unspoiled woods, and nature trail. Campers have the opportunity to practice motor skills and develop an



appreciation for their talents in each of these areas. Each program is adaptable to the needs and challenges of each camper, and social skills are an underlying theme to our program and are reinforced daily through various activities.





203 Individuals Attended Camp Jotoni in 2010 81 Day Campers 109 Residential Campers 155 Extended Camp Campers 10 Travel Campers







#### 25 years of Camp Jotoni

For the past 25 years, Kyle has been a camper and employee at Camp Jotoni. As a camper, Kyle enjoyed arts & crafts, nature, music, and especially swimming! As an employee, Kyle still enjoys swimming, but his time is spent differently at Camp Jotoni.

Kyle has contributed a great deal to the success of at Camp Jotoni. He is responsible for working with the Head Cook to determine daily meal counts, document camper attendance, and set tables. He has even filled in when our activity specialists are absent, selecting activities for campers and setting out the necessary equipment.

As a part of Camp Jotoni for 25 years, Kyle is truly an ambassador of our program.



## Parents and Children Together Program

PACT (Parents and Children Together) is a parenting-education program for Somerset County area families headed by individuals with developmental disabilities. PACT teaches parents the art of nurturing and raising healthy and well-adjusted children. PACT Home Interventionists support families so they are able to:

- \* Develop the means to support their families' basic needs
- Participate fully in the education of their children
- Understand their rights as parents and citizens
- \* Feel supported and accepted
- Live, work and parent independently in the community









#### A year of change

"I had to change schools in my senior year, which meant new teachers, new classes, and new friends. At my old school, we had lots of rules and the school was more focused on therapy but the new school had fewer rules and focused more on schoolwork. Even with the changes, going to this new school opened a lot more doors for me. For example, I got to take a college class for free at Raritan Valley Community College.

At graduation this year, I received a scholarship award from my school. On top of that, I have a brand new therapist that I'm happy to work with. And in addition to the scholarship from my school, I also got other scholarships and grants from RVCC which means I will have more than enough money to go to college!"

Who we Serve: Families headed by individuals with intellectual/developmental disabilities and their children with & without disabilities How Many Served: 87

Primary Diagnosis: Intellectual/developmental disability (IDD); 45% with dual diagnosis - IDD and mental health issues Overall Satisfaction Results: 98% Hours of service provided: 2022 hours PACT Budget: \$ 227,015; \$1.29/hour of service Budget Sources:

Division of Developmental Disabilities Department of Human Services Somerset County United Way

### **Employment Services**

Employment Services offers a variety of options for adults and their families seeking services and programs that foster continued development and growth beyond the school years. We provide center-based and community-based services as well as support for the transition from school to vocational life.









#### Dream Job

Many people spend their entire lives trying to find the perfect job. Phil Tellep, a consumer in The Arc's Supported Employment Program, did just that. A Lego aficionado since youth, Phil has a real passion for designing and building Lego structures.

In late 2009, after updating his resume and creating a portfolio that documented his Lego skills, experience, and passion, Phil interviewed for a part-time holiday position. Not only was Phil hired for the position, but because of his stellar work performance, he was offered a permanent part-time position.

Phil's story portrays the value of the Supported Employment Program in that Lego has a dedicated employee, The Arc has a new community partner, and Phil has his dream job.

Who We Serve: Ages 21 and up including transition services for graduation-age individuals How Many Served: 261 Overall Satisfaction Results: Friend/Family: 97% Employer: 100% Customer: 100% Total Workforce Sales: \$170,031 Budget: \$4,580,648

#### Major Funding Partners:

Division of Developmental Disabilities Division of Vocational Rehabilitation Arc fundraising events

## **Residential Services**

Residential Services provides a safe and healthy place to live, integrates individuals into their community, offers varied and engaging recreational opportunities, and provides the supports required for individuals to meet their goals and dreams. The Arc of Somerset County operates three types of residential facilities within the community, each with varying levels of support and supervision including: group homes, supervised apartments, and supported living programs.





#### Match made in heaven

Charlie and Cookie met at the age of 9, probably not realizing they would begin dating 23 years later!

After Cookie moved to The Arc, Charlie soon followed. The pair have been going on weekly dates for the past 20 years, and their favorite times are spent going to movies and weddings.







Who We Serve: Adults with intellectual and developmental disabilities

#### Age range

20-30	9 consumers
20-30	9 consumers

- 40-49 36 consumers
- 50-59 38 consumers
- 60-69 10 consumers
- 70+ 6 consumers

Number of consumers: 106 Primary Diagnosis Intellectual/developmental disability Total number of hours provided

2010: 363,090 hours 2011: 372,190 hours

# **Financial Report**

### The Arc of Somerset County Statement of Activities and Changes in Net Assets

	2011 Estimate		
	Unrestricted	Temporarily Restricted	Total
REVENUES:			
Federal, State & County Financial Assistance	\$ 15,074,176	\$-	\$ 15,074,176
Tuition and Fees	323,075	-	323,075
Contracts, Projects & Grants	243,700	39,300	283,000
Fundraising	121,000	-	121,000
United Way	47,450	-	47,450
Investment Income	52,600	-	52,600
Donated Facilities	39,900	-	39,900
Contributions	21,000	75,954	96,954
Other Revenue	50,000	-	50,000
Net Assets Released from Restrictions	135,754	(135,754)	
Total Revenue	\$ 15,972,901	\$ (20,500)	\$ 16,088,155
EXPENSES:			
Program Services	\$ 16,004,570	\$-	\$ 16,004,570
Development	174,208	-	174,208
Management & General	92,970		92,970
	16,271,748		16,271,748
Change in Net Assets	(298,847)	(20,500)	(319,347)
Net Assets, beginning of year	1,263,739	179,717	1,443,456
Net Asset, end of year	\$ 964,893	\$ 159,217	\$ 1,124,110

### **2011 Award Recipients**

Direct Support Professional of the Year – Employment Marlene Fox

Direct Support Professional of the Year – Residential Richard Ruwell

> Distinguished Community Service Award MADE (Making A Difference Everywhere)

> > Employer of the Year Award Synergy

Healthcare Professional of the Year Award Brenda Maehr

> Martin Papish Award Jeanne Guarnieri

Professional of the Year Award Amanda Schlachter Jacob, Esq.

Volunteer of the Year Award Kate Huddleston

The Arc of Somerset County acknowledges retiring Board Members

> Dallas Hetherington Brian O'Malley

Thank you for your dedicated service!

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