



THE QUALITY NEWS

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“The great thing in the world is not so much where we stand as in what direction we are moving”
Oliver W. Holmes

Person Centered Planning & Thinking

July 2012 marks our second anniversary of the Quality News! As always our focus is Person Centered Planning and Thinking. Thank goodness for us that PCP is world-wide effort for individuals with intellectual and developmental disabilities. For this issue we are sharing with you, F. Winney’s 5 Key Five Features that help distinguish person centered planning from other forms of planning:

1. The person is of course at always at the center: PCP is rooted in the principals of rights, independence and choice. It requires careful listening to the person and results in informed choice about how the person wants to live and what best supports the individual.
2. Family members and friends are full partners. The contributions that family and friends can make are recognized, valued and gives a forum for creatively resolving conflicts about what is deemed safe, possible or desirable to improve someone’s life.
3. PCP reflects upon a persons capabilities, what is important to a person and specifies the support they require to make a valued contribution to their community. Services are delivered in the context of the life a person chooses.
4. PCP builds a shared commitment to action that recognizes a persons rights. It is an on-going process of working together to make changes that the person and those close to the individual agree will improve the person’s quality of life.
5. PCP leads to a continual process of listening, learning and action as it helps the person get what they want out of life. Learning from planning can not only inform individuals but it can affect service delivery as a whole which in turn will inform and inspire others to achieve greater things.

Person Centered Planning is not....

- * *It is not* the same as an assessment and care planning; it is not concerned with eligibility for resources or other predetermined criteria
- * *It is not* only for people who are ‘easy to work with’; it is applicable and useful for anyone regardless of ability, how they may challenge services or cultural background
- * *It is not* an end in itself! PCP can be a powerful tool in enabling someone to change their lives!
 - * *It is not* a replacement for other necessary forms of planning

Together as an agency we continue to learned about PCP and from one another that this is an on-going process and if it is to be truly effective it must result in real change for the people we provide services to. The goal is to enable people to live the lives that they want to live in their own communities.



Therap Tips!

T-Tasks

Simple, but that pretty much the word that encapsulates what Therap isthe word just keeps coming into play and is completely applicable for all their modules....everything is simple—simple to learn and simple use!

The T-Task Module function is just that a *simple* (there’s that word again...) and quick method to create easy (or detailed) “To Do” List for users to manage all day to day tasks.

- * What is great about T-Tasks is that you can create a To-Do list for yourself or for others!
 - * Once the list is created, users can literally check off the items as ‘complete’ when done.
 - * Users can assign priorities to tasks and specify when they need to be completed.
 - * You can schedule and keep track of tasks
 - * You can maintain a list of tasks just for yourself (or others)
 - * Users have the ability to deny a task
 - * You can search tasks; view past tasks that have been completed or not
 - * Everything is time stamped and dated
- Great, so how to I get started?**

1. Go to T-Tasks
2. Add details and enter a description that you want to name it (Overnight Checklist for 07/01/2012 for example)
3. Select the program if you want the task to be visible to users having access to the program or select a user/staff from the “assigned” drop down menu
4. You may also add a due date and time frame for the task

There are countless of ways to could use T-Tasks: IHP Checklists; Daily Assignments; Routine Cleaning lists; Overnight Checklists; Daily reminders; Daily Staff Assignment Schedules, Nursing expectations, etc. The great advantage is that the lists remain on Therap...the list will never go missing, never will be misplaced and can be easily referred to on a later date!

Do you have a Therap tip or question? We want to hear from you!
 Email your tips or questions to:
lisa@thearcosomerset.org
 We are currently using:
 Version: 2012.1.0 20120610-0311 on app04-se