



The Achievement Center at RVCC

CLUB FRIDAY NIGHT HANGOUT

**Social Skills Awareness Program
(ages 16 years old to 25 years old)**

**Facilitated by Bob Hulit, Curriculum Coordinator
The Achievement Center at Raritan Valley Community College
January 2019 through May 2019 – start date Friday January 25, 2019**

This Friday Night bi-monthly Social Skills Awareness program on the campus of Raritan Valley Community College is designed through practice to develop and enhance social skills; discuss better ways to communicate our ideas and thoughts; and recognize the importance of both verbal/non-verbal communication in our relationships.

No matter what age, making friends, creating plans, and navigating social spaces can be a challenge and at times, a daunting task. Through discussion and role plays, we offer participants an opportunity to create a social skills toolbox which will allow them to express themselves and their interests in a safe environment.

Please note this is not a behavioral intervention therapy group. It is designed for our members to gain confidence and work towards emotional and social well-being.

We will Ask and Explore the Big Questions:

- How to make friends? How to plan out all inclusive activities at RVCC?
- Recognizing how our Verbal and Non-Verbal responses
- How do we maintain interpersonal relationships and create growth?

Are You Ready to Get Started?

- This bi-monthly Social Club group will be held two Fridays a month from 6pm to 8pm at The Achievement Center (Arts Building – Room A-25) on the campus of Raritan Valley Community College. Start Date Friday, January 25, 2019
- Cost for the semester is \$350 (9 Meetings Total). No transportation will be provided. Deadline for sign-up is January 11, 2019.

To learn more information or request an application and set up an interview for the program, please contact Bob Hulit at 732-666-4781 or email us at bobh@thearcofsomerset.org