



THE QUALITY NEWS

"I have drunk from wells I did not dig. I have been warmed by fires I did not build."

New England Historic and Genealogy Society

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Person Centered Planning & Thinking

This month, we are pleased to present to you another PCT tool, The Learning Log.

date	What did the person do? (what, where, when, how, why?)	Who was there? (name of people supporting the person, friends and others).	What did you learn about what worked? What did the person like about the activity? What needs to stay the same?	What did you learn about what didn't work? What did the person not like about the activity? What needs to be different?

The Learning Log can be used to replace traditional progress notes. This tool encourages staff to write about and learn what is working and not working for the person using services while they are engaged in an activity.

Benefits for the person: Because people are recording what is working and not working in support and activities, more of what is working and less of what is not working will occur.

Benefits for the Organization: Those doing the work feel listened to; Learning done by those doing the work is recorded; Provides a vehicle for learning to be recorded & organized so that themes are easily identified; Helps test out ideas about what is important to and for and Reinforces a learning culture and teaches critical thinking

Using it with an individual: Staff can record the information on the Learning Log and spend time with the person doing an activity; The individual can also do a personal learning and record their thoughts and feelings about things they are doing; Pictures will help the person remember who was there, when they were and what worked/did not work.

Helping others to use this tool:

1. Share examples of typical progress notes and a completed Learning Log (ideally this would be for someone the team supports)
2. This will demonstrate the difference in content and quality of information and learning about the person. This is a way to capture the valuable information staff have about supporting a person
3. The team should discuss how to continue what is working, and what the person likes and how to make changes for what isn't working--what the person doesn't like.
4. Team develops action plan for beginning to use the Learning Log
5. Additional practice can include team members having a blank Learning Log and thinking about a recent time they spent with someone and record the information on the log.

Learning Logs are most useful when people are trying new things. Also, using the Learning Log for the first 30 days of supporting a person has been very helpful in writing initial plans and developing meaningful outcomes and goals.



Therap Webinars

We want to encourage you to try a Therap Webinar. Therap Webinars are held regularly by Therap Staff and Therap Certified Trainers who are the expert users of the system. You can register for a LIVE webinar which will provide you with a demonstration of one of the many Therap features. If you think you already know all there is about a module...think again because the Therap Certified Trainers know all the features of a module and can teach you something new and exciting that will only enable you to use the program better. All webinars are recorded and made available to anyone for reference. So if you cannot attend a LIVE webinar, you can view any of the recorded webinars! Therap always makes things easier for the user!

To find the webinars simply go here:

<http://support.therapservices.net/display/WBN/Webinars>

click on the webinar name to access any upcoming live webinar.

If you would like to view a past webinar? Go here:

<http://support.therapservices.net/display/WBN/Past+Webinars>

* All webinars are 1 hour or less

* All webinars are FREE

* You can register for One or ALL...no limit

* Topics include but is not limited to: Teaching your staff how to use Therap; Personal Finance Basics; T-Log Basics; Therap for Supervisors; Excel and Therap

Do you have a Therap tip or question? We want to hear from you! Email your tips or questions to:

lisa@thearcofsomerset.org

We are currently using:
Therap Version: Version: 9.1.4

What's On The Training Board?

- ◆ Did you know that trainings offered at the *Elizabeth M Bogg Center* are free to all Individuals we support, Arc employees and family members as well? There are current openings for Person Centered Thinking Training in August and September
http://rwims.umdni.edu/boggscenter/training/person_centered.html
- ◆ Wednesday August 10 from 3p-4p do not miss the presentation on Tourette Syndrome at the Main Office in Manville hosted by Dr. Graham Harke, a former clinician from the Rutgers Tourette Syndrome Clinic who will be presenting an overview of Tourette Syndrome. Registration is free--please contact Sharon McClellan @ 908-725-8544 x635 to register