

## THE QUALITY NEWS

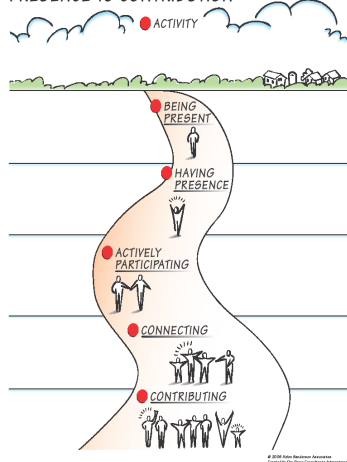
Progress is impossible without change, and those  
who cannot change their minds cannot change anything.

George Bernard Shaw

### Person Centered Planning & Thinking

This month, we are presenting another powerful PCT tool:  
**From Presence To Contribution.** This tool is useful when thinking *with* people about  
what they do on a day to day basis and the opportunities these present for getting

#### PRESENCE TO CONTRIBUTION



involved, meeting new people,  
making connections and contributing  
to their community.

#### Using it with an individual:

- \* As a way of taking some of the activities identified in an IHP and acting on them
- \* Provides opportunities to work out where the person enjoys spending time
- \* Identify a place the person uses or wants to go & explores the steps that need to be taken in order to move from presence to contribution
- \* Helps identify activities the person enjoys which they could invite others to join them in

**Benefits for the person include:** This tool helps the person grow richer in relationships by meeting new people, making new connections; allows people to reflect on how they spend their time, where they are now and planning action to move from presence to contribution; supports finding ways of sharing unique gifts with others to discover where best to contribute; helps to develop a range of relationships and friendships; promotes being included, leading a full life, doing interesting things and making a contribution as a full member of the community.

**Benefits for staff & the agency include:** Encourages creative thinking among employees about activities and how we can use them as opportunities for participation and contribution; helps supporters think about how they may need to change the way they support someone in order for them to fully participate in the community.

We need to always focus and think about what people do in order to move from present *to* presence, presence *to* active participation, active participation *to* connecting, connecting *to* contributing.

Volume 1; Issue 11; May 2011



#### Therap Tips!

#### IPOPS!!

**Another great feature?** YES!! Therap does it again! Simply known as IPOPS (Individualized Plan of Protective Oversight & Safeguards) is a module that is designed to help elevate the *level of care & safety* for the individuals that we provide services for! The IPOP module takes a questionnaire based approach to record and update both general, employment and residential informational needs. You will recognize many of the needs that have been discussed and outlined in the IHP Plans that ensures when risks are taken, they are done so consciously and always in considering the individual's best interests. With the IPOP, this critical information is outlined in an easy to access method.

IPOP's are a valuable tool for employees working with our individuals. IPOP's are super easy to create and will effectively document guidelines for providing support to individuals. The IPOP module provides extensive information on an individual's skills; required level of assistance; methods of providing specific care; nutrition; medication needs and much more!

Divided into six categories, this module allows the user to document and update information under the different categories:

- General Information
- Residential Information
- Day Program
- Supported Employment
- Work Center
- Individualized Services

Many of our programs have already taken the initiative to create IPOP's for their individuals and have benefited from the usefulness this tool offers. We will be working with the Service Departments in the upcoming months completing IPOPS for all individuals!

Do you have a Therap tip or question? We want to hear from you....email your tips or questions to:

[lisa@thearcofsomerset.org](mailto:lisa@thearcofsomerset.org)

We are currently using:  
Therap Version: 1.9.17