



A Message From The Executive Director



Dear Friends & Family,

2019 has been another exciting year at The Arc of Somerset County. What made this year so successful, as with previous years was the consistency, dedication and support from our

families, friends, community partners and donors. Your ongoing interest and participation has positively impacted everything we do and enhances the programs and services we provide to our community. On behalf of our staff and Board of Directors, we thank you for this.

Throughout this year, we achieved our goals in so many areas including:

- Witnessing and cheering on our first graduating Class of **The Achievement Center at Raritan Valley Community College**
- The addition of new learning opportunities at our for our Adult programs that included **art, music, computers, literacy, dancing, yoga and much more**
- An expansion of our community partners to create meaningful opportunities and new relationships for our adults including partnerships with the **YMCA, Somerset County Library System, Somerset County Therapeutic Recreation, Rutgers, Kean and Seaton Hall Occupational Therapy Students.**
- An expansion of our **Parents and Children Together** program (PACT) to include an additional home interventionist and a wrap around program with our Day Care/ Pre School program.
- The official ground breaking at Camp Jotoni to begin the construction of two new Cabins.

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The Arc of Somerset County Adult Services Department Hosts 2nd Annual "Arc's Got Talent"

HERALD

Celebrating Over 45 Years of Service

Camp Jotoni Breaks Ground for 1st Two of Four Planned Cabins

To date, we have:

1. Raised \$1 Million
2. Hosted our 2nd "Clubs for Cabins" Golf Outing in September generating over \$60K
3. Solidified financing options with a local bank.

Seeing is believing! We have finally broke ground at our beloved Camp Jotoni! Demolition started on October 30th as Cabin 1 & 2 are set for construction.

Phase 2:

In the coming 2020 calendar year, The Arc Foundation of Somerset County will be continuing its outreach and seeking support to fulfill the funding for **Cabins 3 & 4.**

With each cabin built, children and adults with special needs and their families will benefit from increasing Camp Jotoni's respite programs 12 months of the year. Respite care will expand beyond the 9 week summer, and overnight respite will be available more frequently to our growing list of campers and families.

Phase 3:

Upon completion of cabins 3 & 4, we will focus on the construction of camps centerpiece, "The Lodge", which will host Camp Jotoni's cafeteria, classrooms, indoor activity room, other respite programming, administrative and nursing offices.

We look forward to celebrating this next step in the history of Camp Jotoni's renovation plan and hope that you will join us in 2020 to help us continue to reach our fundraising goals for cabins 3 & 4. For more information, contact Lisa Marie Arieno, The Arc Foundation of Somerset County at 908-658-3805.

Did You Know...

The Arc Foundation of Somerset County will work with you on planned giving deferred gifts for our agency? Planned Giving is a gift a person decides to give at some future date or at the time of their death. Donors make planned gifts to charities to help ensure that the programs and services of a favorite charity continue to benefit others. Consult your attorney or tax advisor if you wish to explore your options on planned giving with The Arc Foundation of Somerset County or contact Lisa Marie Arieno, Director of Foundation Development at 908-658-3805 or email: foundation@thearcofsomerset.org



The Arc of Somerset County MISSION

The Arc of Somerset County provides a lifetime of comprehensive services, advocacy and supports to individuals with intellectual and developmental disabilities and their families to promote growth, achievement and ongoing involvement in the community.

The Arc Board of Directors:

President.....Michael Stefani
Vice President.....Donna Pasek
Treasurer.....Mark McDonough
Secretary.....Christopher Korenowski
Immediate Past President.....Tim McKeown

The Arc Board Members:

Debra Albanese Stefanie Irwin
Tom Applegate Sharon Booker
Kristen J. Basista Ron Slehetka
Daryle Peterson

Executive Staff:

Executive Director.....Lauren Frary
Associate Executive Director..Chris Corvino

Department Directors:

Adult Services.....Karen Kowalski
Camp Jotoni.....Josh Burke
Early Childhood Services...Jill Glassman
Clinical Services.....Sharon McClellan
Finance.....Jonedel Pangan
Foundation & Communications
..... Lisa Marie Arieno
Human Resources.....Monimali Joshi
Information Technology...Lance Floden
Maintenance and Safety....Jason Schieb
Parents and Children Together
..... Jeannette McClew
Quality & Compliance.....Chris Gunning



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The Arc of Somerset County's Jerry Davis Center for Children and Families Selected for Hillsborough H.S. Final Student Project Installation of Raised Garden Beds

For their Hillsborough High School Class final project, Alexis Mathew, Rushil Sharan, Akash Iyer and Alexander Liu were tasked with creating a project based on the U.N.'s Sustainable Development Goals. The 15-year-old students chose to focus on two of the U.N.'s Goals – No. 11 (Sustainable Cities and Communities) and No. 15 (Life on Land).

The four high school freshman quickly realized their project to repurpose an empty lot area next to The Arc of Somerset County's Jerry Davis Center for Children and Families outdoor playground in Manville. It was a way to make a difference.

"Together, they came up with the idea of repurposing an area of the outdoor playground to create green space, to make the area more sustainable", states Lauren Frary, Executive Director for the Arc of Somerset County. "Further, the raised beds become an opportunity for nutritional education with a possible gardening curriculum in the spring of 2020"

We thank the students of Hillsborough High School for this opportunity that helped enhance our playground and children's curriculum and look forward to gardening this spring!



Message from the Executive Director Continued...

• The utilization of over 500 enthusiastic volunteers to provide facility improvements and companionship opportunities.

There were also a few sad moments, perhaps the saddest being the passing of two of our longest serving Board and committee members and two of our beloved residents. All four of these special individuals have touched our lives and have left a lasting legacy at The Arc.

As we transition into the New Year, we do so with a feeling of excitement and anticipation, despite the ongoing political climate. 2020 will see The Arc implementing many initiatives to improve the standard and quality of excellence in all areas of our programs and operations. We have expanded our internship, service learning and volunteer opportunities to further our reach into our communities. We have enhanced our programs and look forward to adding new service opportunities to current and new service recipients. These and many more ventures are timetabled for commencement in the coming year.

In closing, on behalf of The Arc of Somerset County's Executive Staff and Board members, we would like to thank you for supporting us as we move to the next chapter of our history. We hope that your experience with us thus far has been both enjoyable and productive, and we urge you to communicate to us your suggestions and recommendations on how we can improve our service to you and your loved ones. Despite the trying economic times, our primary goal remains to deliver outstanding programs and supports to the children, adolescents and adults we serve.

For now, I wish everyone a safe and happy holiday and Happy New Year 2020!

Lauren Frary,
Executive Director
The Arc of Somerset County

Community Based Occupational Therapy in Day Habilitation Programs: Students Identify Need for Adults with Developmental Disabilities

This past spring, Kean University Occupational Therapy Students, Colleen Schreier, OTS and Juana Guglielmino, OTS, had the opportunity to complete their Level 1 Fieldwork at The Arc of Somerset County within the Camplain Road Day Habilitation Program.

The students attended the program once per week for twelve weeks. During this time, much was learned by both students and individuals served. Most importantly - what seem to be long lasting friendships were developed.

The students facilitated a leisure exploration group in which they introduced new activities each week so individuals could participate, learn and decide on preferences during their free time. The students gathered information about a number of individuals and created "Get To Know" profiles in order to adapt the activity to the person. Activities such as horseshoes, basketball, group parachute and corn-hole toss were among the popular items. The goal of this group was to promote increased social and leisure participation through the development of motor and social interaction skills. The "Get To Know" profiles were provided to Arc employees in order to assist staff members to understand likes, dislikes, communication preferences, past experiences and how to best support individuals towards reaching personal goals. Overall, the students found that the strategies that they provided to the individuals and staff facilitated increased engagement for many individuals as well as the improved quality of time spent within the day program.

During this fieldwork experience, the students had the opportunity to observe many of the additional adult services programs provided by The Arc of Somerset County to include; the Walking Program at Duke Island Park; art classes at the Somerset County Park Commission Therapeutic Recreation Program; and the supported living programs.

"The Arc's strong person-centered approach and commitment to meeting the needs of everyone is complimented by the values of occupational therapy and I believe there is an unmet need for occupational therapy services at the community level and that an Occupational Therapy perspective - although novel in this setting, can be valuable for finding ways to help individuals live their lives to the fullest", states Colleen Schreier, OTS, Kean University.

"The presence of OT practitioners in our service centers offers quite a bit to our consumers, staff and environment. Having this expertise on hand means needs recognized or intuited by our lay staff can receive attention from a therapeutic eye. Programming that is merely fun or active becomes intentional and habilitative. It has been a very valuable learning experience", states Chris Corvino, Associate Executive Director for the Arc of Somerset County. "Best of all, our OT students and practitioners are encouraging movement and engagement that can be at a premium for many of the adults we serve - this means more opportunities to celebrate new learning and accomplishments with our consumers."



St. Joseph's Church and Parish Center Host 2nd Annual Arc's Got Talent



The Arc of Somerset County Adult Services Program took part in the 2nd annual “Arc’s Got Talent” a performance talent show on November 15, 2019 at St. Joseph’s Church in Hillsborough. The event was a partnership between The Arc, Immaculata High School students, and “Becca’s Friends” - a ministry group based out of St. Joseph’s Parish.

The co-emcee, Victor an Assistant Director of Adult Services, kept the program moving smoothly. The energy throughout the night was palpable with over 100 people in attendance. Talented adults served by The Arc of Somerset County, Arc staff and members of Becca’s Friends came to perform a variety of songs, dances and musical compositions. All of the acts were so diverse and rich with positivity - every single one was a highlight of the night. A photographer and videographer were on site to memorialize the event. A very special thank you to our partners at St. Joseph’s Parish and “Becca’s Friends”!

The Rutgers School of Public Health Community Living Project A Day in the Life of Burton

The Rutgers School of Public Health Community Living Education Project’s (CLEP) mission is to educate families and agency staff about the possibilities in community living, through training sessions for person-centered thinking, collaborative meetings and learning events, networking, curricula, and publications, while maintaining a standard of integrity and ethics. This summer, they premiered a video that featured one of our Arc of Somerset adults in a short documentary called: “A Day in the Life of Burton...” Burton was honored with the 2019 Arc Angel Halo Award at The Arc Angel Gala . Check out the video that was featured this summer by visiting <https://bit.ly/36o0fM4>



Partnership Recognition Corner

The Arc of Somerset County Announces Partnership with The Far Hills Race Meeting Association and Robert Wood Johnson University Hospital Somerset as Recipient of \$225,000 for Community Health Services

The Arc of Somerset County was proud to announce they are one of 5 non-profit organizations selected to receive funding over the next three years from the Far Hills Race Meeting Association and Robert Wood Johnson University Hospital Somerset Community Health Partnership for the advancement of community health services in the Somerset County Region.

The funds will be used to improve access to preventative health care as well as to enhance the health outcomes for the individuals served at The Arc. Some of these include access to routine and preventative and behavioral health care and health system navigation assistance for Arc participant families in need. Additionally, in partnership with Robert Wood Johnson University Hospital Somerset, The Arc of Somerset County will provide professional training and development for the hospital staff to ensure comprehensive and coordinated care of community members with disabilities.

“We are honored to be a part of this outstanding initiative and proud to be associated with both the Far Hills Race Meeting Association and Robert Wood Johnson University Hospital Somerset”, stated Lauren Frary, Executive Director for the Arc of Somerset County.

The Far Hills Race Meeting Association and Robert Wood Johnson University Hospital Somerset, an RWJ Barnabas Health facility, have partnered to invest in the advancement of community health services in the region. The funds, which will be disbursed over the course of three years, are awarded through proceeds from the Far Hills Race Meeting and are administered through Somerset Health Care Foundation, the hospital’s fundraising arm. In addition, Robert Wood Johnson University Hospital Somerset will support the organization through resources such as professional training and development, community health education, support groups and other health care services



**RWJBarnabas
HEALTH**

Arc Grant Achievements In Qtr 3 & 4 2019

We are proud to recognize the following grant achievements this fall
for The Arc of Somerset County:

The Hyde and Watson Foundation: \$10,000 - Camp Jotoni Capital Campaign
The Segal Foundation: \$10,000 - Camp Jotoni Capital Campaign
Church and Dwight Employee Fund: \$4,000 - Camp Jotoni Capital Campaign
Knights of Columbus - NJ State Council: \$4,000 - The Arc of Somerset County and Camp Jotoni
Everest Re-Insurance Group: \$6,000 - Camp Jotoni Capital Campaign
The Hoffman Family: \$1,500 - Arc Foundation of Somerset County
Spooky Brook Ladies Golf League: \$1,300 - Camp Jotoni Capital Campaign
Bernard's Ensemble: \$1,300 - Arc of Somerset County Adult Music Program

Annual Mash-Up 2019 - A Huge Success!

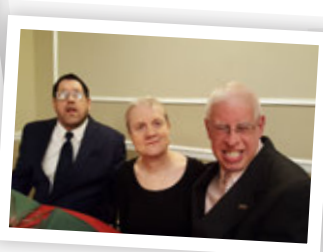


On Tuesday, October 22nd The Arc of Somerset County's Clinical Services and Maintenance Department hosted their 7th Annual Halloween Monster Mashup event! ALL programs came in costume and an amazing time was certainly had by all. Our folks were treated to an evening of dancing, music, singing, haunted decorations, costume contests, caricatures, photo booth, video projection of previous years photos, pizza and a decorative Halloween cake.

We'd like to thank our wonderful vendors and volunteers who provided services at a discounted rate &/or for their generous time assisting at the event - Manville VFW Post 2290, Mitzen Photography, Caricatures with Hal, Synergy Wrestling, Sparkee from Somerset Patriots, The Branchburg Singers, Frank's Pizza of Manville, Herr's Chips of Somerset, Tori Finnegan Dance Motivator Extraordinaire, The Arc Maintenance Dept., Clinical Services Dept, The Achievement Center at RVCC, The Finance Dept., Arc Foundation, The Quality Dept., Pam Michael, And More!

We'd also like to extend our deep appreciation to the Celebrity Judges who helped award the attendees in fabulous costumes: Antoinette B, Mary A, Mary T and George J.

Arc Celebrates the Fall and Holiday Season with Friends of Somerset County



July 16: Warren Township Promenade Volunteers spent a day assisting our counselors at Camp

September 20: United Healthcare volunteers came out to our Union 1 Ave Apartments to paint the ceilings and do a deep clean. *Thank you United Healthcare for helping make the apartments beautiful.*

October 2 & 3: Agilex Fragrance volunteers came to beautify our Commons 1 & 2 Apartments, by removing hedgerow and planting flowers. *They also went to our Claremont Group home and did a deep clean of the home. Thank you for volunteering!*

November 11: Thanks to Catalant Pharma for coming out to Jill Ct and partaking in a pilgrim hat craft making and cheesecake celebration.

November 27: Thank you to Withum Accounting Firm for spending their morning with our folks at Branchburg making turkeys to start off the Thanksgiving Holiday!

November 30: Thank You for Our Arc of Somerset County Friendsgiving Exercise Occupational Therapy Event (Post Turkey Day) with Kean Occupational Therapy students led by Susanna Inglin! Movement is key!

December 19: Special Thanks to L'Oreal of Franklin for hosting their annual "Gift of the Season" for our one family from PACT and Jerry Davis Center Programs. We are super grateful!

Arc Angel Gala Honors The Far Hills Race Meeting Association

The Arc Foundation of Somerset County celebrated the Annual Arc Angel Gala. The theme this year "Gallop into the Future" was developed to honor the Far Hills Race Meeting Committee for their impact on our community for health and human services around Somerset County. The event was held on Friday, November 1st at the Bridgewater Marriott.

Special thanks to everyone who supported, attended and enjoyed the celebrations!





For people with intellectual
and developmental disabilities.

141 South Main Street
Manville, NJ 08835



Somerset County
United Way
Affiliated Agency

The Arc of Somerset County is a
501(c)(3) organization.

Achieve with us.

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What's Happening in 2020?

March is National Developmental Disabilities Month

The Arc continues to promote awareness of the strengths and achievements of Americans with intellectual and developmental disabilities (I/DD). We hope you will join us this March as we celebrate the lives of people with I/DD and promote growth and highlight their importance in the community.

Check out our social media pages for details on how to be a part of the recognition month.

Step Up for The Arc 5K and Walk

Be on the lookout for a new date and new location for the
“Step Up for The Arc 5K and Walk Event” that will be announced in late January 2020

Annual Meeting & Awards Ceremony

The Arc will honor volunteers, staff, consumers, supporters and community partners
in June 2020 at the Somerville Elks. Official date will be announced in late January.

Contact The Arc Foundation office for more information. 908-658-3805

Save the Date!

Camp Jotoni's 3rd Annual Clubs for Cabins – Monday September 14th

The Arc Foundation of Somerset County will be hosting the 3rd Annual “Clubs for Cabins”
golf event fundraiser at Raritan Valley Country Club. Details will follow early this spring!