

## **“The Biggest Loser” Couple will talk about Autism at Free Community Event in Warren**

Come meet Phil and Amy!

According to Phil and Amy Parham, stars of season six of “The Biggest Loser,” stress and pain over their son’s struggle with autism helped make them fat as they turned to food for comfort.

Life changed dramatically for the overweight couple when they were selected to compete on the weight loss reality show. As a result, they lost a combined total of 256 pounds. Through an interesting twist, being on the show also helped them find hope and help for their autistic son, Rhett, at LearningRx.

LearningRx Warren has invited Phil and Amy to speak at a Community Wide Autism and Learning Disabilities Resources Forum being held at Stonecrest Community Church, in Warren on March 30<sup>th</sup> at 9:00 am.

In addition, we’ve invited a number of local autism care and resource providers to join us that morning. You’ll not only get to hear Phil and Amy’s inspiring story, you’ll also learn about many local resources available to individuals and families impacted by autism and other learning disabilities. Participating organizations include: The Comprehensive Autism Medical Assessment and Treatment Center, Arc of Somerset County, Children’s Specialized Hospital, Mt. Bethel Village, Lord Stirling School, Hi-Step Summer Social Skills Program, Martinsville Therapeutic Massage, Bright Star Therapy, Rocking Horse Rehab, Compassion International, Watchung Hills Pop Warner Football and Cheer Challenger Division and The Uncommon Thread.

If you have autism, know someone with autism, or are an educator, doctor or other professional serving the autism and learning disabled community, you won’t want to miss this informative and inspirational event!

The Autism and Learning Disabilities Resources Forum was created to give our community an opportunity to learn more about the many local resources available to individuals and families impacted by autism and other learning disabilities right here in Warren and our surrounding community.

Autism is the fastest growing developmental disability in America, with 1 in 110 children (and 1 in 70 boys) being impacted by the disorder. Because autism is a “spectrum” disorder—with symptoms ranging from very mild to severe—it can impact individuals, and their families, very differently. The most significant shared symptom is difficulty with social interaction, including eye contact, conversation, even being able to empathize with someone else or see things from their perspective.

The Community Autism and Learning Disabilities Resources Forum is open to the public. The event is free, and while RSVPs are not required, they are appreciated to help us plan food and seating. If you’d like to attend, email us here at [lrxwarren@learningrx.net](mailto:lrxwarren@learningrx.net) or call us at **908-22-BRAIN (908-222-7246)**.

We look forward to seeing you!