

Arc of Somerset County to host 5K Run/Walk at Duke Island Park on June 4



The Arc of Somerset County's 2016 Step Up For The Arc 5K Run and Walk will be held on Saturday, June 4th at Duke Island Park in Bridgewater. (courtesy photo)



By **Community Bulletin**

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The Arc of Somerset County's 2016 Step Up For The Arc 5K Run and Walk will be held on Saturday, June 4th at Duke Island Park in Bridgewater. Morning refreshments will be on hand presented by Stop & Shop of Raritan for all participants and after the race. The event includes an easy beginner 5K race on a flat, paved, and scenic course and a 1.5 mile walk route.

Registration and lawn activities for this family friendly morning event begin at 8:00 am with free face painting to attendees who visit our fellowship tent and free refreshments to all registered attendees provided by Rita's Italian Ice of Bridgewater and Somerville.

The 5K race registration check-in begins at 7:30am and the race start time is 8:30 am. Walker registration begins at 8:30 am and the walk start time is at 10:00 am. This year- cash prizes will go to the top 4 categories: First place adult male, first place adult female, first place male student, first place female student. Race winners and stats will be announced at 10:15am.

DJ music all morning by N.S.R Entertainment and a FREE picnic for all attendees will be hosted by The 12th District Free and Accepted Masons at 11:00 am.

Volunteer "Buddy Walkers" are needed for those who wish to provide assistance and make a new friend to some of The Arc adults attending the walk. If you wish to volunteer for this event, please contact lauraz@thearcofsomerset.org

The event will be hosted by The Arc Foundation of Somerset County. Proceeds for this run/walk will go toward the various

programs provided to those children and adults who receive services from the Arc. The Arc is a 501(c)3 nonprofit organization. Step Up For The Arc of Somerset County is an annual statewide Walkathon and 5K Race of The Arc, the state's largest non-profit advocacy and service organization supporting people with developmental disabilities and their families.

Arc Programs include Childhood Services: Early Intervention Program(EIP); The Jerry Davis Center for Children and Families; Camp Jotoni; PACT (Parents And Children Together); After School program; and a Saturday Recreation program. Additionally we offer Employment services, Vocational training, Residential and Family Support Services.

To register online, please visit https://www.fundraiser.fund/hosted-arc-foundation-somerset-county/event/step-arc-somerset-county-walk-and-5k-event#event_team
Or call 908-658-3805 for more information.

Must pre-register before May 19th to receive a free event T-Shirt.

For more information about The Arc of Somerset County, please visit www.thearcofsomerset.org

This item was submitted by the Arc of Somerset County.

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