







## Halloween Edition



"Clothes makes a statement. Costumes tell a story"

- Mason Cooley

## Inside this issue:

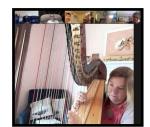
Pizza Mash-Up	2
Art by Damandeep	2
Virtual Talent Show	3
This Week in Literacy	4
BINGO Winner is	4
Virtual Programing	5
Virtual Calendar	6-7
Wordsearch	8
November Birthdays	9
Halloween Jokes	10-11
Haunted Maze	12
Fun Facts about Halloween	13-14
Music for Hope & Inspiration	14-15
Thank You	16
Hot Topix	17-18
Cool Collections	19
Buzzwords	20
Color Me	21

TOR ALL YOU

# Patty Turse & Friends Performance

A very gracious thank you to music therapist, Patty Turse, for coordinating an outstanding virtual performance featuring the piano and the harp! The "Patty Turse and Friends" performance featured a wide variety of music including Beethoven's "Symphony #9", "Spring" by Vivaldi, "The Keep Row" and a grand finale of Patty performing "Passacaglia" by Handle on the harp! One of Patty's students explained the difference between a pedal harp and a lever harp — one is controlled by the foot and the other by hands! Thank you Patty, for bringing your very talented students into our lives for this beautiful celebration of music!













Cliff and his friend Kevin at Hacklebarney Farm



While the "Halloween Mash-up" could not occur in person this year, treats were personally delivered by the committee to all homes in the form of....pizza!









#### The BUZZ

141 S. Main Street Manville NJ 08835

www.thearcofsomerset.org

#### Publisher & Editor

Cliff Leon Karen Kowalski

#### **Contributing Writers**

Karen Kowalski Mary Scibelli

Jason Scheib Chris Corvino

Lauren Frary

#### **Photographers**

Cliff Leon Karen Kowalski

Looking for a fun opportunity? Be a guest contributor for The BUZZ

> Please contact: Karen Kowalski







## Literacy Class

In our literacy classes we have been answering questions about words that contain certain letters or combinations of letters. During one of the classes this week we talked about words that contain the letters "ee" or "ae." Just like the consonant blends from before, these letters combine to make a specific sound that we make when we pronounce the word. We had the pleasure of David from Old Sterling join our class this week. He was asked what the person in the front of the line is called. He said leader. His housemate Carol clapped for him when he answered the question correctly. How encouraging!











## Virtual Programing



The Arc of Somerset County is thrilled to be able to offer a wide array of virtual programming for individuals within residences and for those whom are served through our day habilitation programs. All individuals are welcome to attend any and all groups in order to catch up with friends and participate in fun and interactive activities. Please refer to the August virtual calendar and feel free to contact Director of Adult Services, Karen Z. Kowalski, with any questions at: karenk@thearcofsomerset.org

- Bingo: Enjoy time with friends while playing "Bingo" with Mary Scibelli in this very popular group! Any new individuals interested in joining this group, please contact Karen Kowalski to coordinate so that you can receive bingo cards
- "Art with Alec": Join fellow artists as they learn about different types of pencil
  and paper drawings. Make sure to have paper, pencils and either colored pencils,
  crayons or markers
- "Royal School of Yoga": Enjoy a relaxing start to the week with Jane and friends with yoga. Yoga poses can be done seated or in standing based upon ability level.
- Literacy classes: Join Mary Scibelli with her very engaging classes wherein literacy concepts are taught. Would be helpful for participants to have pencil and paper or someone to assist with this.
- "Soft Music Social Time": Enjoy time listening to relaxing music and catching up with friends.
- "Music for Hope and Inspiration": Join musicians and those whom just enjoy music for this varied music programs featuring guest musicians on a variety of instruments such as guitar, piano, voice, harmonica, accordion. Participants are encouraged to sing, clap, dance to the music or just smile, make comments and enjoy a good musical time with friends!
- "Self-Advocacy Group": Join Suman and the Self-Advocacy Group to learn about current issues and events surrounding self-advocacy. Please contact Karen Kowalski for more information if interested.
- "Hot Topics": Join friends as they participate in a variety show program that
  features topics, people within the community and generally things of interest that
  we want and need to know about! Previous topics have included virtual tours,
  Trigger the Therapy Dog, beekeeping, balloon sculpting, dental care, photography,
  virtual live tours of flower store and local dog bakery. The sky is the limit with
  what can and will be learned in this group!
- "Let's Talk about Food": Join friends as we discuss an activity that will be sure to be interesting food!
- "Cool Collections": Join friends as they learn about each others' memorabilia!
   One collection is featured each week to include items such as baseball/basketball
   cards, magnets, remembering years that people were born, Swarovski crystals.

## Virtual Zoom Schedule: November 2-13

Please note: Please join any activity that you are interested in. Every literacy class has been opened up to everyone, not just the home that is listed. Attend as many as you like!

## Monday November 2

10:00-10:30: Bingo with Mary

Meeting ID: 701 845 7910 Password: 12345

11:00-11:30: Royal School of Yoga

Meeting ID: 956 878 9920 Password: 566600

2:00-2:30: Art with Alec & Tonya

Meeting ID: 956 878 9920 Password: 566600

## Tuesday November 3

10:30-11:00: Literacy class (Griggstown) everyone welcome!

> Meeting ID: 701 845 7910 Password: 12345

1:00-1:30: Literacy class (RHGH) everyone welcome!

> Meeting ID: 701 845 7910 Password:12345

1:00-1:30: "Music for Hope and Inspiration" -Shueh-Li on Thermin

> Meeting ID: 481 232 8925 Password: 12345

2:00-2:30: Literacy class (UA2) everyone welcome!

> Meeting ID: 701 845 7910 Password: 12345

3:00-3:30: "Hot Topix" - These are a few of our favorite things: Elections

> Meeting ID: 481 232 8925 Password: 12345

### Wednesday November 4

10:15-10:45: Soft Music Social Time

Meeting ID: 956 878 9920 Password: 566600

11:00-11:30: SGH Literacy Class— all welcome!

Meeting ID: 701 845 7910

Password: 12345

1:00-1:30: Let's Talk Food

Meeting ID: 956 878 9920 Password: 566600

2:00-2:30: Health Corner w/ Rutgers Medical Students

Meeting ID: 481 232 8925 Password: 12345

## Thursday November 5

10:15-10:45: "Cool Collections" - Mary-Luo and Frances' Puzzle Collection

> Meeting ID: 956 878 9920 Password: 566600

10:00-10:30: Literacy Class (Ardsley) all welcome!

Meeting ID: 701 845 7910 Password: 12345

11:00-11:30: Literacy Class (Cambridge)

all wélcome!

Meeting ID: 701 845 7910 Password: 12345

1:00-1:30: "Music for Hope and Inspiration" -

Justin Brown

Meeting ID: 481 232 8925 Password: 12345

3:00-3:30 "Hot Topix" - Potato the Hedgehog & Annie

Meeting ID: 481 232 8925 Password: 12345

## Friday November 6

10:00-10:30: Bingo with Mary

Meeting ID: 701 845 7910 Password: 12345

11:00-11:30: Soft Music Social Time

Meeting ID: 956 878 9920 Password: 566600

1:00-1:30: Literacy class (Commons 1)

Meeting ID: 701 845 7910 Password: 12345

2:00-2:30: Literacy class (Claremont)

Meeting ID: 701 845 7910 Password: 12345

2:45-3:15: Let's Talk Food

Meeting ID: 956 878 9920 Password: 566600



## Virtual Zoom Schedule: November 2-13

6:00-7:30pm: LIVE Virtual Talent Show

Meeting ID: 481 232 8925

Password: 12345

## Monday November 9

10:00-10:30: Bingo with Mary

Meeting ID: 701 845 7910 Password: 12345

11:00-11:30: Royal School of Yoga

Meeting ID: 956 878 9920 Password: 566600

2:00-2:30: Art with Alec & Tonya

Meeting ID: 956 878 9920 Password: 566600

## **Tuesday November 10**

10:30-11:00: Literacy class (Griggstown) All wélcome!

> Meeting ID: 701 845 7910 Password: 12345

1:00-1:30: Literacy class (RHGH) everyone welcome!

> Meeting ID: 701 845 7910 Password:12345

1:00-1:30: "Music for Hope and Inspiration" -Coffeehouse Project

Meeting ID: 481 232 8925 Password: 12345

2:00-2:30: Literacy class (UA2) - everyone welcome!

Meeting ID: 701 845 7910 Password: 12345

3:00-3:30: "Hot Topix" - TBD

Meeting ID: 481 232 8925 Password: 12345

### Wednesday November 11

9:30-10:30: Sports Talk with Josh & Jason

Meeting ID: 481 232 8925 Password: 12345

10:15-10:45: Soft Music Social Time

Meeting ID: 956 878 9920 Password: 566600

11:00-11:30: SGH Literacy Class— all welcome!

Meeting ID: 701 845 7910

Password: 12345

1:00-1:30: Let's Talk Food

Meeting ID: 956 878 9920 Password: 566600

## Thursday November 12

10:15-10:45: "Cool Collections" - TBD

Meeting ID: 956 878 9920 Password: 566600

10:00-10:30: Literacy Class (Ardsley) all welcome!

Meeting ID: 701 845 7910

Password: 12345

11:00-11:30: Literacy Class (Cambridge) all welcome!

Meeting ID: 701 845 7910

Password: 12345

1:00-1:30: "Music for Hope and Inspiration" -Guitar & Story Telling with Felix

> Meeting ID: 481 232 8925 Password: 12345

3:00-3:30 "Hot Topix" - Solute to the Veterans. Meet Air Force veteran, Jennie

> Meeting ID: 481 232 8925 Password: 12345

## Friday November 13

10:00-10:30: Bingo with Mary

Meeting ID: 701 845 7910 Password: 12345

11:00-11:30: Soft Music Social Time

Meeting ID: 956 878 9920 Password: 566600

1:00-1:30: Literacy class (Commons 1)

Meeting ID: 701 845 7910 Password: 12345

2:00-2:30: Literacy class (Claremont)

Meeting ID: 701 845 7910 Password: 12345

2:45-3:15: Let's Talk Food

Meeting ID: 956 878 9920

Password: 566600





## HALLOWEEN WORD SEARCH



#### Find the words below.

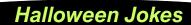
W T T C X E T N E M E M K Q E W M R W T S E V T M L R A Н В M 0 N S E R D O C Y Z N 0 C T 0 B E R E E R I E L T V V Z T V D W T F 0 M Н E Х H L G O В L I N B S V I Z R T K K K В B A 0 X U H L N O P T T R I C K R T R E T T Q O A Q X A 0 R U Z K F S E P P N D Z S R E U L X M A U M P K E M O N M U T U A K N A R P A L P M P A Z F Z E T U Z H C E Q Y U B Ν E K R J N D S Z C D В N Y P Z A A Н M G K S T S X T I D R J N E M E S U M A M E S P S F K N Y L A C E I U 0 U В T N Η U E T S C S U W S T P S Н Ι M E E A T 0 K M D C U T H W K R E S P Y I T Y S C A C A U L A F A V Y R U T C I R N H R O Q A G P T P T B D K В B 0 J D D I H В A G A L N E E W 0 H Z P E M K I D P B D L L A G W J E U O W Х R D W Ι R U G R Е N R U M O J P S F S I 0 0 B E R C F G H В W A Y S C X R K Y D N A C T Η G I N O P I H H

AMUSEMENT
BATS
CANDY
DRACULA
FRANKENSTEIN
GHOSTS
HARVEST
MONSTER
OCTOBER
PRANK
SCARE
SPIDER
WITCH

APPLES
BLACK
CAT
EERIE
FRIGHTEN
GOBLIN
HAYRIDE
MUMMY
ORANGE
PUMPKINS
SHADOWS
SPOOKY

AUTUMN
BOO
COSTUMES
EXCITEMENT
GAMES
HALLOWEEN
MASK
NIGHT
PARTY
SAFE
SKELETON
TRICKORTREAT





By: Michelle Eng, OTS Stockton University - Occupational Therapy Student

1. What Halloween candy is never on time for the party? Choco-LATE!





2. What is a witch's favorite makeup? Mas-scare-a!





3. Where does a ghost go on vacation? Mali-boo!





4. Why are ghosts so bad at lying?

Because you can see right through them!





Volume 3, Issue 17 Happy Halloween Page 11



5. What kind of music do mummies like listening to on Halloween? Wrap music!





6. Why are skeletons so calm?
Because nothing gets under their skin!





7. What do skeletons order at a restaurant? Spare Ribs!

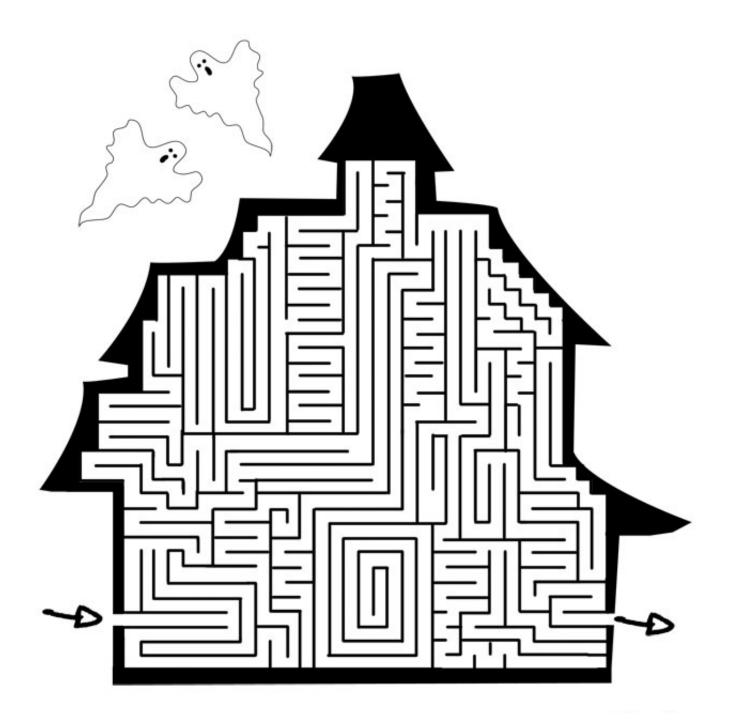








By: Michelle Eng, OTS
Stockton University - Occupational Therapy Student





1. Trick-or-treating has been around since Medieval Times.



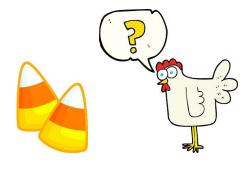
2. Halloween is believed to originate from Ireland.



3. Jack O' Lanterns used to be carved out of beets, turnips and potatoes.



4. Candy corn was originally called "Chicken Feed".





5. The Village Halloween Parade in New York City is the largest Halloween parade in the United States.



6. The average bag of candy that one child will collect on Halloween contains about 11,000 calories.



7. The most common Halloween costume for a pet is a pumpkin.



8. Illinois produces most of the pumpkins in the United States.







#### **Felix**

The "Music for Hope and Inspiration" class enjoyed another wonderful afternoon filled with a repertoire of memorabilia music with our guitarist/vocalist and friend, Felix! There was a lot of singing along and clapping to classics including "Tequila Sunrise" and "Already Gone" (Eagles), "Mercedes Benz" (Janis Joplin), "For What It's Worth" (Buffalo Springfield), "The Voice" (Moody Blues), a fun sea chantey among many others! One of our group members told everyone, "The music today reminded me of when I was a little girl." A very gracious thank you to Felix for bringing such happiness into our afternoon!

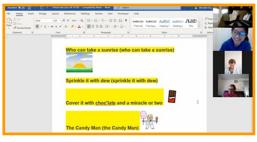






#### **Justin Brown**

In our fun "Music for Hope and Inspiration" group, we were joined once again by our talented musician and friend Justin Brown! Burton provided a wonderful introduction to commence today's group. At the request of one of the group members, Justin performed the song "The Candyman" by Sammy Davis Jr. We were reminded by Justin that this song appeared in the film "Willy Wonka & the Chocolate Factory". A few of the group members sang along and thought that the song sounded like a commercial they had seen! One group member looked up the song on YouTube and played it through his phone for all of us to see and hear. Justin also performed popular songs "One Love" and "Stand by Me", which made us all want to smile, dance, and sing along. Everyone applauded and kindly complimented Justin for his amazing performances. We were lucky enough to also get a sneak peek of new songs that Justin may want to perform for us next time such as Brown Eyed Girl, Proud Mary, and Three Little Birds. We look forward to having Justin once again very soon!













#### **Coffeehouse Project**

"The Coffeehouse Project" threw one amazing Halloween dance party for all of us rocking tigers and swinging cats during "Music for Hope and Inspiration"! The group moved and grooved to spooky songs such as "Thriller", "Monster Mash", "Don't Fear the Reaper", "Bad Moon" and "The Theme from the Munsters" among others. D even came wearing a great cat costume! "The Coffeehouse Project" never fails to put a smile on our faces, music in our hearts and an opportunity to have such a great time with friends!











1. Donation of 1,000 white cloth masks to staff and consumers:

Kathy Hoyer

Public Relations and Development Manager Raritan Valley Habitat for Humanity

2. Lauriene Tschang – donation of face masks









#### Virtual Beach Party & Farewell to Jenn







The "Hot Topix" group today celebrated the last week of fieldwork for Jenn Faccenda, OTAS, Thomas Jefferson University Occupational Therapy Assistant Program student. Within the past sixteen weeks, Jenn has developed very strong virtual relationships and brought so much fun through a variety of engaging programs - so this was the day to celebrate Jenn, her accomplishments within The Arc of Somerset County and to cheer her on in her future as an Occupational Therapy Assistant! The group put on a variety of beach themed attired to include floppy hats, sunglasses, beach backdrops, sun tan lotion, towels, goggles and danced the afternoon away to a variety of Beach Boys songs as well as a wonderful beach song composed by Eric Demel, husband of our very own Felicia! Our friends Rosie, Trigger the Therapy Dog and Brutus were also chilling in the virtual beach for the fun! At the end of the celebration, the "Hot Topix" group surprised Jenn with a beautiful video compilation of the pictures and words with memories that will live forever in our hearts! Thank you Jenn and we look forward to you coming to virtual programs in the future to say "hello" to your forever friends at The Arc of Somerset County!





#### Aloha!

The "Hot TopiX" group had a wonderful virtual trip to Hawaii with Mary Scibelli bringing sunshine and warmth to our afternoon with friends through learning and good times! We learned a great amount about Hawaii today such as that the many volcanos that produce lava actually lead to more land formations as the lava cools. We also learned that Hawaii is located in the Pacific Ocean and the capital is Honolulu! People who live in Hawaii participate in fun activities such as surfing and delicious times at luaus. We had a lively discussion regarding who likes pineapple on their pizza - more people than was thought like this pizza topping. At the end, Mary and Michelle the OT student, taught the group how to do the hula! We say a hearty "Mahalo" to Mary for this wonderful virtual trip to Hawaii, which means "Thank you"!!!









#### The Sound of Music

Gerry and Michelle hosted a wonderful afternoon of movie memorabilia during "Hot TopiX" as they presented Gerry's favorite movie "The Sound of Music"! The group enjoyed time together listening to (and singing along) to songs such as "The Hills Are Alive", "Climb Every Mountain" and "So Long, Farewell" as well as learning a lot of interesting background to the movie to include information about Austria, the movie background and about Julie Andrew's sense of humor on the set. In honor of the movie, we then learned a little about how to yodel. Thank you Gerry and Michelle for taking us on this fun tour of clearly a favorite movie for many!





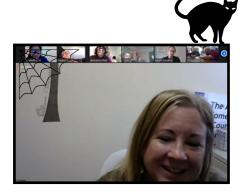






#### Virtual Trip to Maine

The "Hot TopiX" group was thrilled to welcome our friend, Laura Ziegler, to take us on a virtual tour of her recent trip to Bridgeton, Maine! We were treated to such beautiful pictures of the wildlife, plants and scenery of Maine that were taken by Laura herself. We were able to listen to the call of the loon and learned that bald eagles are not actually bald, they have white fur on their heads. One participant reminded us that hummingbirds fly backwards. There was a discussion regarding the comparison between loons and Canadian geese with the discovery that while the bodies are similar, the heads of the loon and Canadian geese are different. The group was surprised by our friend Jenn coming onto the class to say hello - Jenn is going to visit Maine this weekend so she was excited to learn about her upcoming trip!









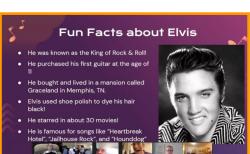
#### **Elvis**

Today's edition of our "Cool Collections" memorabilia group was Elvis-themed, which was co-led by occupational therapy student Michelle Eng and Tony! Tony and many of the other group members are big fans of Elvis and his music. We took a short virtual tour of Graceland, Elvis' famous mansion, to learn more about the King of Rock and Roll. A few of the group members were interested in visiting Graceland one day. Tony owns at least 25 Elvis-themed collectibles such as posters, clocks, guitars, CDs, and more. We also listened and danced along to one of Tony's favorite songs by Elvis "Hound Dog"! He even wore his favorite Elvis costume for all of us to see! We were all very impressed and thankful to Tony for showing us his amazing collection. Thank you, thank you very much Tony!

(A very special thank you to Gloria, Robin, Michelle and of course Tony for this amazing collaboration!)





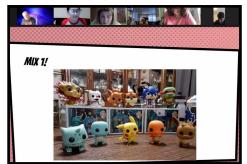




#### Funko Pops

Today in "Cool Collections" we learned about Funko Pops from occupational therapy student Michelle Eng and her friend Erica. Erica was our featured guest collector, showcasing her 82 different Funko Pops. Karen surprised the group by giving us a glimpse of her very own Funko Pop, which we discovered to be a small version of Chewbacca from the Star Wars Saga! Many of the group members found Chewbacca to be a scary, but fun character because of his special "voice". Some of our group members also recognized famous figurines such as Pikachu, Scooby Doo, Simba, and Iron Man. There were a few Funko Pops that were a bit scary for our group. However, we all remained brave so that we can see the other great Funko Pops in Erica's collection. One of the group members also pointed out a few Funko Pops that looked like other famous characters she knew! Everyone really liked seeing her collection, especially the Star Wars and Iron Man Funko Pops. It is truly amazing how many different things we can learn about each other through a fun group like "Cool Collections".









#### AII:

Now that our Halloween Issue is here — many of us may start to think about the winter holidays. What will happen to our favorite parties, visits and activities? As many of you know our MASHUP was redone this year to be the spookiest pizza delivery service we have ever seen. The Arc's Got Talent — a November favorite will go virtual for all to see and participate in. The annual Thanksgiving turkey delivery is already set up and will be on schedule. And there is much much more to come! We know that this coming season is about friends, family, parties and being together. While our safety precautions like masks and social distance are still in place we are committed to sharing the season with our Arc family to include all of our traditions. They might be a little smaller on the screen but that is just an excuse for you to party bigger and sing louder. We look forward to connecting with everyone as we head toward the new year.

With thanks,

Christopher J. Corvino
Associate Executive Director

THE ARC OF SOMERSET





