









Highlights of 2018-2019 from The Arc of Somerset County



Achieve with us.



# **OUR MISSION**

The Arc of Somerset County provides a lifetime of comprehensive services, advocacy and support to individuals with intellectual and developmental disabilities and their families to promote growth, achievement and ongoing involvement in the community.

## **Values Statement**

The Arc of Somerset County believes that each person will have the opportunity to live and participate in the community regardless of the level of her/his abilities. We further believe that:

- \* Each person is inherently valuable
- \* Each person can dream, grow, and learn
- \* Each person deserves the right to make meaningful choices about how and where they live, learn, work, and play
- \* A dedicated, highly qualified staff is essential to The Arc's ability to best support people with developmental and intellectual disabilities
- \* Each person deserves the opportunity for meaningful relationships
- \* Family and community involvement, at all levels, is essential to our mission







# Message from the Executive Director & Board President

Dear Family, Friends & Colleagues,

I am pleased to have the opportunity, once again, to write to you about positive happenings at The Arc of Somerset County this year. The hallmark this year has been one of change and challenge. We have undergone a complete change in our funding structure and our business plan and although difficult at times, the one thing that has stood out is our commitment to our mission and the passion of our employees. Our



goals and objectives have been realigned to ensure we are vigorously pursing our mission, while ensuring implementation and compliance with Medicaid regulations and assurances.

In January of this year, our Executive and Leadership staff created a new Mission Statement along with a new strategic plan that was embraced by our Board of Directors and community partners. In essence, the mission and the plan refocus our energies on the core principle of community inclusion and active participation in all that our communities have to offer for those we serve.

The practice of community inclusion is more than "getting out" into the community; rather it is the outcome of the goals of justice, equality and dignity that are often unfulfilled for individuals with intellectual and developmental disabilities. To live a meaningful life is inherently tied to being connected to others in a manner in which dignity; diversity; individuality and self determination are both recognized and celebrated.

In order to fulfill our mission and strategic plan we, along with those we serve, must engage our communities and our fellow citizens in a new way; a way that will promote shared experiences, shared goals and shared accomplishments.

We have already enjoyed great success with our Strategic Plan objectives and look forward to continuing our work alongside our growing network of community partners.

Of course, the strength of our agency is a result of the talent and dedication of our staff. We all embrace The Arcs distinctive culture and the diverse needs of our service recipients and are passionate about serving and supporting growth and achievement throughout the life span. I look forward to moving us into a new era dedicated to blending our work with our community in ways that support learning and mutually rewarding relationships for all.

Lauren Frary
Executive Director

Tim McKeown Board President

# **Children & Family Services**







The Arc of Somerset County offers a lifespan of services that stretches from birth through the senior years of life. For the youngest of our service recipients, we offer the following services:

- Early Intervention, a program where therapists provide a system of supports for children birth to three years of age to help meet the developmental and health-related needs of the child.
- Developmental Daycare and Preschool provide educational and fun environments for children with and without disabilities.
- Respite programs provide families with an opportunity for a break in their 24hour care giving responsibility.

#### Wrap Around Supports Classroom, Home and Life

The Jerry Davis Center for Children (JDCCF) and Families along with PACT [Parents and Children Together] were most pleased to jointly serve families this year in anticipation of bringing the work of these programs closer together for the benefit of our students.

Work this year focused on a mother and child with many needs. Among them, adjusting to attending daycare while residing in a shelter program. The JDCCF staff worked on meeting the student's needs on all levels, every day while PACT supported Mom educating on functional skills and meeting the needs of her child when the school day was over. They worked on parenting techniques, behavioral support strategies, medical appointment navigation and balancing work responsibilities. All this in addition to helping the family adjust and prepare for the transition to the public pre-school program for children with special needs. This is hard work on the part of our service family and they are fully congratulated.

This wrap around support provided jointly from our programs was daily, transitioning successful days in school to successful evenings at home. Working so closely with a family to attend to both basic needs and the enhanced needs of a special student means building a trusting relationship and encouraging communication with support staff in challenging and successful times. This family has successfully transitioned out of our programs now and into the next level of services waiting for them.

This wrap around model is an extension of our classroom support into home and life outside of school for the entire family. It pairs student families with a Social Worker versed in parenting support, navigating the many social service systems in our county and working in a private home, a Dr.'s office or after school activity. We believe that this resource helps families achieve stability and more - better attendance at school, more regular medical outcomes, more partnership in finding solutions to the challenges of daily life.

The Jerry Davis Center for Children and Families and Parents and Children Together continue to keep in touch with the receiving program, a local school district, and hear all is well.

# Adult & Senior Services



The Arc of Somerset County's Adults Community Inclusion Programs Take Off in 2019

Adult services has been hard at work expanding programming to include new learning for consumers and new community partners. These opportunities allow for exercise, use of civic spaces, volunteerism and more. New programs that have started within the 2018-2019 timeframe include:

**Partnership with the Somerset County Library System** - New classes including **"Dominos" & "Therapy Dogs"** Our adults integrating in the community and exploring leisure time activities such as playing dominos at the library and visiting therapy dogs.

**Somerset County YMCA - Aqua Ex class, Functional Fitness**- Our adults began attending 1x per month a swim class integrating with developing adults during the adults for functional fitness.

**New Music Classes at Camplain Road ATC and Branchburg ATC** -Through the Somerset County Arts and Cultural Heritage Foundation Grant. Efforts will continue to culminate in new community performances with additional music classes and the goal of having a community performance in downtown Somerville, Sunday July 7th at 5PM and the 2nd Annual Arc's Got Talent Show on Nov 15th 2019.

**Collaboration with Somerset County Therapeutic Recreation-** For fine art classes with a culmination of an April and May Art Exhibit at Manville Library and more planned for the fall of 2019 and 2020.

**Integration within Somerset County Parks for weekly "Walking With"-** Programs feature a consumer and staff walking leader one time per week on Wednesday's at Duke Island Park. One time per month- we highlight 1 staff member and 1 individual served for their efforts on walking and health.

Weekly Music Classes with Justin Brown at Branchburg Adult Training Center - A musical volunteer who collaborates with Karen Kowalski, Director of Adult Services, on a weekly group music class at Branchburg in addition to teaching piano to those interested in learning.

"Memory Book" groups with Mary Ellen Day- The creation of memory books for individuals with Alzheimer's and/ or Dementia. A great volunteer experience and creative project. Approximately 15 adults get together create memory books with photos that are pulled from magazines so that our aging adults can look at the books and reminisce about their past to help stimulate their cognitive abilities.

**Shop Rite "Cooking It Up" programs**- Led by Trina Trent, Manager of Branchburg ATC and Acting Manager of Camplain Rd. ATC coordinated a cooking class which the Arc adults shopped for ingredients in the food store and created a simple healthy snack while learning how to eat healthy.

**Immaculate Conception Church LINUS Ministry:** Arc adults assist with creating fleece blankets with ministry members in the community and blankets are provided to the pregnancy aid center of Somerset County.

Adult Services looks forward to increased literacy and computer groups as well in the year ahead.

"These new initiatives are exciting. They make good on the idea that learning is lifelong, that as per our mission and vision our consumers can and should participate in what the community offers everyone." states Chris Corvino, Associate Executive Director for the Arc of Somerset County.

#### Somerset Raritan Sewerage Authority is Employer of the Year

Somerset Raritan Sewerage Authority has been a true partner to the individuals we serve who participate in janitorial work at their site. Management and staff are welcoming to the crew when they come into work and are always supportive. The staff collaborate with Job Coaches and use effective communication to ensure that the site runs smoothly.

Sewerage management accommodate for any needed adjustment in schedules. Management makes sure that the crew has enough work to do when there is construction on facility buildings. Sewerage management and staff make the individuals we serve feel a part of the team as they often offer drinks and snacks. *"It has been a pleasure to partner with Somerset Raritan Sewerage Authority management and staff through the support and inclusion they show for the individuals we serve."* states Jennifer Cutino, Employment Services Coordinator for the Arc of Somerset County.



# Self Advocates on the Move!

## Self Advocates for Change Hustle in 2018-2019

The Arc of Somerset County's Self Advocates for Change started off with a busy Fall 2018 as <u>The Community Living Education Project of Rutgers University</u> completed a film project with one of our Adults - Burton. The project, titled "A Day In The Life of Burton" features an interview with Burton, his family and supporters along with footage of his day to day life in and around his community. The film will premier on June 17, 2019! Burton also holds the office of **Sergeant of Arms** in our Advocates for a Change Self Advocacy Group.





This winter, Evelyn R.- President of Advocates for Change met with Commissioner Carole Johnson to discuss the state budget, and how it impacts the lives of people with disabilities. As always, Advocates for Change leadership is keenly aware of their civic role and advocacy priorities.

This spring, the first fundraiser for Advocates for Change was held in partnership with Blaze Pizza at Chimney Rock Plaza. The advocates are appreciative of the support of our community.

Advocates for Change look forward to an even busier 2020 year ahead as we look to elections and new legislative initiatives.

# The Achievement Center at Raritan Valley Community College





The Achievement Center's First Graduating Class

The Arc of Somerset County is proud to recognize the success of the first graduating students of The Achievement Center at Raritan Valley Community College who commenced on June 8<sup>th</sup> 2019.

The Achievement Center at Raritan Valley College is a three year post secondary educational program for students recently graduated from high school or exploring options in their final high school year. The Center offers advanced experiences in preparation for greater or more sophisticated employment outcomes as well as exposure to accessible college courses, liberal arts and college life. The Achievement Center students have completed inclusive college courses, developed college plans and enrolled and succeeded in computer literacy, exercise science and education courses among other successes. Students attend classes designed to create both a college education and career plan while gaining access to the social and interpersonal experience of a busy college campus. Students work with a peer mentor from the RVCC community and at their choosing join increasingly more integrated subject classes as the three year program progresses. As part of The Arc of Somerset County's Employment Services Department, The Achievement Center offers job preparation activities typically associated with the job search process into an academic environment to allow students to develop their preferences in a setting offering more time and depth.

"The Commencement of some of our first students is truly reason for celebration. While we expect and welcome many of these graduates to stay associated with the program and RVCC well into adult learning, the completion of the course offerings and the many life-firsts that come along with navigating college is a big accomplishment. I look forward to what is next for our pioneering graduates and the program in the years ahead." states Chris Corvino, Associate Director for The Arc of Somerset County. Congratulations all!









# **The Arc Foundation of Somerset County**



The Arc Foundation of Somerset County was established in 1999 to assist The Arc of Somerset County in meeting the increased need for community programs and services for children and adults with intellectual and developmental disabilities.

The Arc Foundation of Somerset County provides vital funding to the programs and services of The Arc of Somerset County to ensure long term viability for individuals with disabilities, their families and the community as a whole. The Foundation's purpose is to promote, support, and further the interests of The Arc of Somerset County through fundraising, philanthropic activities, and volunteer engagement.

The Foundation receives individual donations and corporate donations which include matching gifts and employee giving contributions, donations for Camp Jotoni's Capital Campaign, fundraising from two major events per year, as well as dividends, investments and restricted income from private grants that are written specifically for The Arc of Somerset County Programs.

During FY 2018-2019, The Arc Foundation of Somerset County completed fundraising activities and grant writing for the following programs and services for The Arc of Somerset County.

- Partnered with Johnson & Johnson's Caring Crowd to raise \$4,000 for a new nursing station bed for Camp Jotoni.
- \* 11 campers attended Camp Jotoni through a scholarship program grant from Church & Dwight
- \* Approximately \$87,000 was received in grants for various programs.
- \* A total of \$367,000 was raised toward the 2019 Camp Jotoni Capital Campaign.
- \* Over \$96,000 was raised at the 1st Annual "Clubs for Cabins" golf fundraiser in September.
- \* Over 210 adults received enhanced health & wellness recreational programs from supported grants.
- \* 433 volunteers with over 1,894 hours were coordinated by The Arc Foundation of Somerset County that helped the improvements at our adult and children's programs as well as helped us succeed at various fundraising events.

On November 2, 2018 The Arc Foundation hosted the Annual Arc Angel Gala at the Bridgewater Marriott raising over \$89,000 from sponsors and attendees.

On April 2019, The Annual Step Up for The Arc 5K and Walk event at Duke Island Park in Bridgewater helped raise over \$27K.



# **Camp Jotoni Renovation Plan Update**



Honorary Chair John Ridley Esq. Max Spann Jr. & Family

#### Campaign Golf Outing Committee

Timothy McKeown, Esq. Michael Stefani, CFP Daryle Peterson Ronald Slahetka Robert Beringer

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#### Camp Director Josh Burke

#### The Arc Foundation

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The Arc Foundation of Somerset County 45 Route 202 South PO Box 903 Far Hills, NJ 07931 Phone: 908-658-3805 foundation@thearcofsomerset.org





We are excited to share with our Arc and Camp Jotoni Families and supporters that we are now finalizing plans to break ground on the first two cabins with the support of our Board of Directors and staff.

In 2018 The Arc Foundation of Somerset County hosted the 1<sup>st</sup> Annual "Clubs for Cabins" golf fundraiser that helped raise over \$96K towards this campaign in its first year. In addition, a significant number of corporate and community donors as well as individual camp families came together to fundraise that helped the campaign reach its goal of \$450K through various fundraisers such as peer-to-peer crowd-funding pages, major gifts and general donations.

The Arc Foundation of Somerset County will host the 2<sup>nd</sup> Annual "Clubs for Cabins" golf event on Monday September 16<sup>th</sup> at Watchung Hills Golf Club to continue the momentum of raising the funds needed for full renovation project goals.

Plans for the demolition and construction of phase 1 of the project is scheduled for the Fall of 2019. Invitations to this groundbreaking ceremony will be issued out in late August.

"It has been inspiring and heartwarming to see our community come together to support our Camp Jotoni Capital Campaign. The strides we are making today will benefit campers and families for many, many years to come." states Lauren Frary, Executive Director for the Arc of Somerset County.

"It is so exciting to see the upward trajectory of this campaign, thanks to the incredible hard work of the Arc team and the generosity of our expanding network of families, friends and corporations. My hope is that our network will blossom even further, bringing us closer to our goal of fully revitalizing this amazing "home away from home" for our special needs population" states Matt Adams, President of the Arc Foundation of Somerset County Board of Trustees.

For more information about the 2<sup>nd</sup> Annual "Clubs for Cabins" golf event, or to discuss your donation investment in this campaign please speak to Lisa Marie by phone at 908-658-3805 or e-mail foundation@thearcofsomerset.org.

THE ARC OF SOME	ERSET COUI	NTY, INC. AND AF	FILIA	TES		
(A New Jers	sey Not-for-l	Profit Organization	)			
Consolidated S	tatement o	f Activities (Proje	cted	)		
Ye	ear Ended Jur	e 30, 2019				
				<u>nporarily</u>		
	Unrestricted		<b>Restricted</b>			<u>Total</u>
Operating Support and Revenues						
Federal State and County Financial						
Assistance and Billable Services	\$	14,302,239				14,302,23
Tuition and Fees		520,178				520,17
Rent		874,180				874,18
Contracts, Projects and Grants		77,728				77,72
Fundraising		115,024		95,799	•	210,82
Contributions		63,203		478,874	Ļ	542,07
Cost of Care and Other Revenues		584,986		·		584,98
Total operating support and revenues	\$	16,537,538	\$	474,674	L	17,112,21
Net assets released from restrictions	Ŧ	100,000	Ŧ	(100,000)		_,,,_
Total revenues and support	\$	16,637,538	\$	474,674	_	17,112,21
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Operating Expenses						
Program services		13,318,834				13,318,83
Support services		3,210,206				3,210,20
Total operating expenses	Ś	<u> </u>				16,529,04
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Surplus from Operating Support and Rev-						
enue over Operating Expenses (excluding						
Depreciation and Amortization)	\$	108,497	\$	474,674	l i	583,17
Other changes:						
Investment Income	\$	20,752				20,75
Change in Net Assets		\$ 129,249		\$474, 674	L	\$603,92
Net Assets (deficit), beginning of year		+ ===;= :0		<i>•••••••••••••••••••••••••••••••••••••</i>	•	<i><i><i>q c c c j c c c c j c c c c j c c c c j c c c c j c c c j c c c c j c c c j c c c c j c c c c c j c c c c j c c c c c j c c c c j c c c c c c c c c c</i></i></i>
(audited)		(769,093)		403,513	5	(365,58
Net Assets (deficit), end of year (projected		(100)000)		,		(000)00
- cash transactions only	\$	(639,844)	\$	878,187	\$	238,379
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Net Assets (deficit), end of year (projected—						A10
including depreciation and noncash transactions)						\$(248,37

## 2019 Annual Meeting Award Recipients

Volunteer of the Year June O'Neil

Intern of the Year Eric Rodreiguez

Direct Support Professional of the Year/Employment Services Shavonne Strick

Direct Support Professional Residential Services of the Year **Pedro Salazar** 

Excellence in Impact Programming Kean Occupational Therapy program

Employer of the Year Somerset Raritan Sewerage Authority

# Achieve with us. 11

# The Arc of Somerset County Donor Family 2018-2019

## Fred Tatterson Legacy Society

The following donors have demonstrated their commitment to ensuring that The Arc Mission continues to endure by pledging to make a planned gift to the agency and for five years of consistent gifting. These donors will also be listed in their respective giving categories for this year.

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These gifts and grants of over \$10,000 ensure the continued fulfillment of The Arc of Somerset County's mission. We thank these donors for helping us provide the very best quality of service.

Honorary Members

Ms. Susan Colodney Mr. Alan Bart Grant, Esq. Mr. Charles Huck Mr. Fred Patterson

## Diamond Circle (\$10,000 or more)

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## Gold Circle (\$1,000-\$9,999)

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These gifts of \$1,000 to \$9,999 contribute to the more than 40 programs operated by The Arc of Somerset County to enhance the lives of children and adults with intellectual and developmental disabilities.

## Sílver Círcle (\$500-\$999)

Janus Enterprise Inc. Branchburg Car Care Center Bridgewater Nissan **Bridgewater Recreation Department** Mr. & Mrs Gregg Diamond East Main Benefits & NFP Benecept Ms. Carol Fanning Mr. & Mrs. Tom Fik Mr. William Fredericks Garden State Landscapes Mr. & Mrs. Pete Glikerdas Mr. & Mrs. John Groetelaars Mr. & Mrs. Charles Huck Iannella General Contracting Inc. **IBM Employee Services Center** Kelly Springfield Trucking Mr. & Mrs. Geoffrey King Larken Associates Mr. Mark McDonough Ms. Elizabeth McKenna Mr. & Mrs. Timothy McKeown Mr. & Mrs. Andy Mertz

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These supporters of The Arc of Somerset County family contributed \$500 to \$999 in 2017-2018. These funds allow us to build on our present successes and to meet the needs of the future.









#### <u>Bronze Círcle (\$200-\$499)</u>

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#### <u>Bronze Círcle Cont d (\$200-\$499)</u>

#### <u> Patrons (\$1-\$199)</u>

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The donors whose gifts and grants range from \$250 to \$499 help us sustain and enrich our programs, while providing a nurturing atmosphere to all we serve.







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20

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Thank you 2018-2019 donors for your continued support of The Arc of Somerset County Mission!



## The Arc Foundation of Somerset County's Corporate Volunteer Program





Projects include indoor maintenance, interior and exterior repair and upkeep, landscaping projects and of course group and companion visits to those we serve which makes for memorable friendships. Most recently we have added opportunities to assist with special adult recreational events throughout the year.



With over 35 programs in Somerset County serving children and adults, and a 15 acre Special Needs Camp-Camp Jotoni in Warren Township, The Arc of Somerset County is the top choice for volunteer projects to many local businesses and civic community organizations in our community.









For more information on how to get a group volunteer activity organized for a team builder or to fulfill corporate philanthropic days of service, please contact:



Projects are coordinated with The Arc Foundation's Volunteer Coordinator and Development Director on a bi-annual calendar year (Spring/Summer and Summer/Fall)



The Arc Foundation of Somerset County 908-658-3805 or e-mail foundation@thearcofsomerset.org

## Year in Review The Arc of Somerset County 2018-2019







Adult Services hosted their first "Arc's Got Talent" Show in the Fall of 2018







Adult Services partnered with the Somerset County Therapeutic Recreation and the Somerset County Library Systems for a 1 month Art Exhibit that focused on art designed by out adults.



**Adult Services Hosted the First Annual** Snowball Event that included BINGO and Live Music

Self Advocates on the Move in **Trenton continue** to make strides of change for the disability community





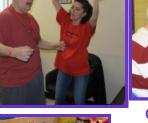
The 5th Annual Mash **Up Halloween party** was a big success hosted by the Maintenance and **Clinical Services** Departments.





**National School Choice** 

Week at the Jerry Davis Center for Children and Families







**Computer Classes were** continued at Branchburg **Adult Training Center** 



Achieve with us.

## The Arc of Somerset County Board of Directors

Executive Committee: Timothy McKeown, President Debra Albanese, Vice President Stefanie Irwin, Treasurer Michael Stefani, Secretary

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