**The Achievement Center at Raritan Valley Community College**

**In partnership with RVCC and The Arc of Hunterdon County**

**SOCIAL SKILLS AWARENESS CLASS – June 26 to August 9**

**(For Ages 16 years old to 21 years old)**

**Facilitated by Bob Hulit, Curriculum Coordinator**

**This SIX-WEEK, BI-WEEKLY SUMMER SEMESTER Social Skills Awareness class is concentrated to develop and enhance social skills; how to better communicate our ideas and thoughts; learn safe practices; and recognize the importance of both verbal and non-verbal communication in our interpersonal relationships.**

**No matter what age, making friends, creating plans, and navigating social spaces can be a challenge and at times, a daunting task. This program is designed to remove the barriers, and offer participants an opportunity to create a social skills toolbox which will allow them to express themselves and their interests in a safe environment.**

**Each student will participate in group and individual role play exercises designed to practice the skills necessary to grow and maintain healthy relationships.**

**Please note this is not a behavioral intervention therapy group. It is designed for our students to gain confidence and work towards emotional and social well-being.**

**We will Ask and Explore the Big Questions:**

* **How and challenges to friendships? How to plan out activities together?**
* **How do we show empathy and equality in those relationships?**
* **How do we maintain them and create growth?**

**Ready to Achieve?**

* **This bi-weekly class is held on Wednesdays and Fridays from 3pm to 4:30pm at The Achievement Center (Arts Building – Room A-25) on the campus of Raritan Valley Community College. Start date is Wednesday, June 26.**
* **Cost for the semester is $500 (12 classes). No transportation will be provided. Deadline for sign-up is June 1, 2019 (based enrollment availability)**
* **To learn more information or request an application and set up an interview for the program, please contact Bob Hulit at 732-666-4781; email us at** **bobh@thearcofsomerset.org****; or visit us at** [**www.thearcofsomerset.org**](http://www.thearcofsomerset.org)
* **Please refer to our Tuition Policy in regards to payment deadlines.**